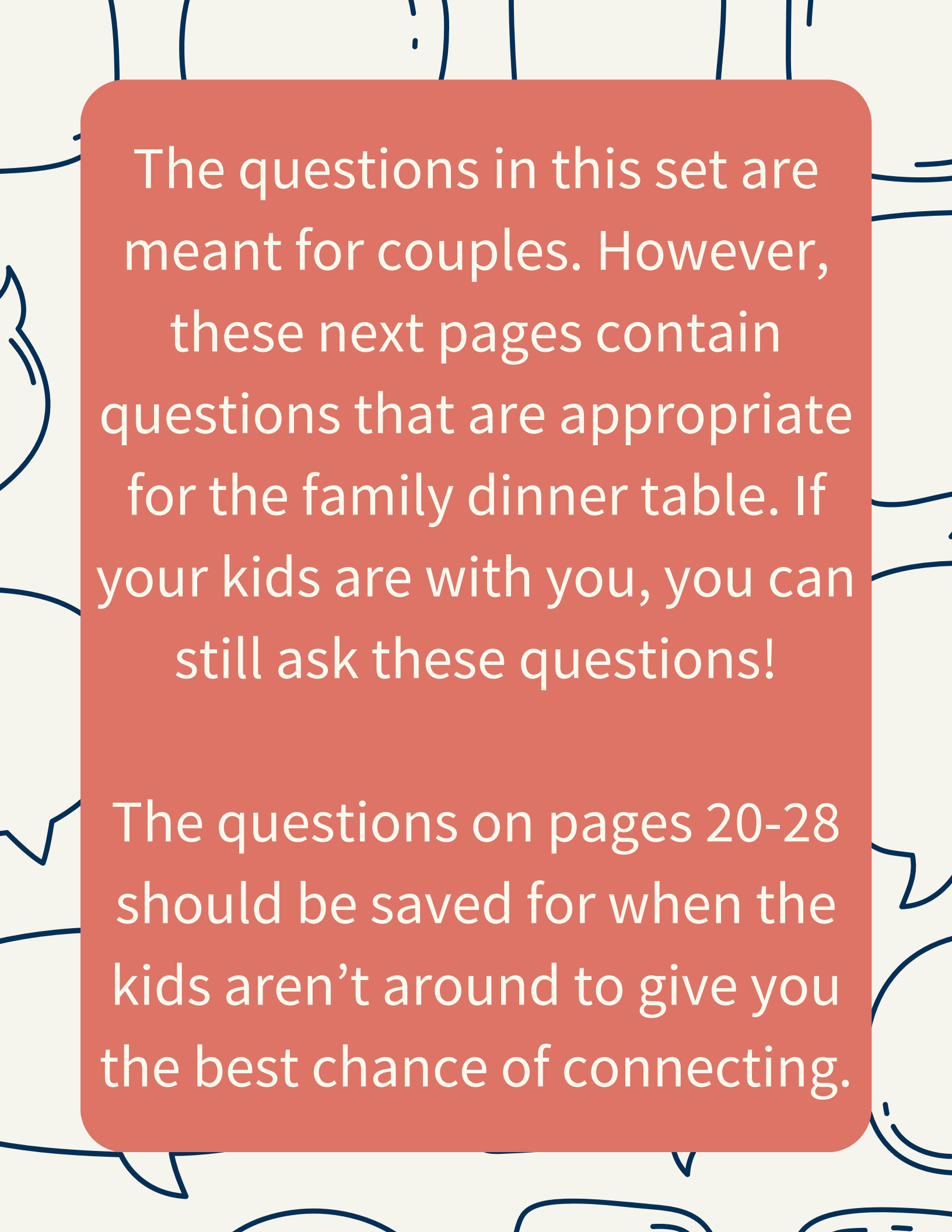




Dinner Conversation Starters

for couples and
families



The questions in this set are meant for couples. However, these next pages contain questions that are appropriate for the family dinner table. If your kids are with you, you can still ask these questions!

The questions on pages 20-28 should be saved for when the kids aren't around to give you the best chance of connecting.

What's your favorite family tradition?

dinner

If you could travel anywhere in the world, where would you go and why?



What's the most memorable meal you've ever had?



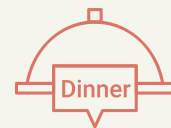
Share your best and worst travel experiences.

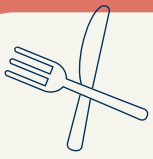


What's the most interesting book you've read recently?



If you could have any superpower, what would it be?



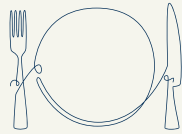


Discuss your dream home and its location.

What's your favorite family vacation memory?



Share your most embarrassing moment.



What's the best piece of advice you've ever received?



What's something you've always wanted to learn or master?



Talk about your favorite childhood games and activities.



Would you rather go on a romantic picnic or a dinner date at a fancy restaurant?

Would you rather travel back in time or to the future? How far would you go?



Would you rather spend a day at the beach or in the mountains?



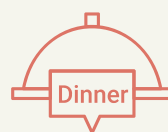
Would you rather have the ability to teleport or read minds?



Would you rather have a cozy night in with a movie or go out dancing?



Would you rather receive a handwritten love letter or a surprise gift?



What's the most beautiful place you've ever visited?

dinner



Share your proudest achievement.

If you could time travel, which era or time period would you visit?



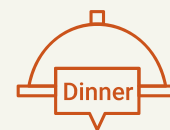
What's the most unusual food you've ever tried?



Discuss your favorite hobbies and interests.



Share your favorite family movies or TV shows.



What's a place
you'd like to
volunteer at or give
back to?



Talk about your
favorite family pet
or animals you'd
like to have.



Share your favorite
family recipes or
dishes.



What's your go-to
comfort food?



Discuss your
favorite seasons
and why you love
them.



If you could meet
any historical
figure, who would
it be?



What's your favorite form of entertainment (music, theater, sports)? *dinner*

Share your childhood dreams and aspirations.



Talk about your favorite family holiday or celebration.



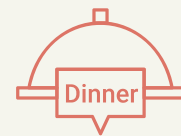
If you could switch careers, what would you do?



Discuss your favorite family memories from holidays.



Share your favorite family anecdotes or inside jokes.



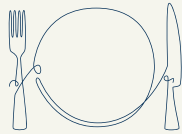
What's the best piece of advice you'd give your younger self?



Talk about your favorite family photo or album.



Share your most memorable school experiences.



If you could have dinner with any celebrity, who would it be?



What's your favorite board game or card game?



Share your thoughts on current events and news.



Would you rather
be an expert in
cooking or an
expert in
photography?

Would you rather
have the ability to
speak all languages
or be a master
musician?



Would you rather
have a spontaneous
adventure or a well-
planned trip?



Would you rather
live in a bustling
city or a peaceful
countryside?



Would you rather
always know the truth
but be unable to lie, or
always have people
believe your lies?

Would you rather
be an amazing
painter or a skilled
writer?



Talk about your favorite family members and their qualities.

dinner



If you could own any type of vehicle, what would it be?

What is your favorite musical instrument?



Discuss your favorite family traditions for special occasions.

Share your dream job or career goals.



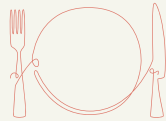
What's your favorite type of art or artistic style?



Talk about your favorite outdoor activities and hobbies.



Share your thoughts on technology and its impact on society.



If you could solve one world problem, what would it be?

What's your favorite type of cuisine or restaurant?



Discuss your favorite family vacations or trips.



Share your thoughts on environmental conservation.

Would you rather
have the power of
invisibility or the
power of flight?



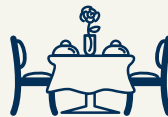
Would you rather
always have perfect
weather on your
vacations or get to
travel for free?



Would you rather
spend a day at an
amusement park or
a day exploring a
museum?



Would you rather
be an excellent
singer or a fantastic
dancer?



Would you rather
have a lifetime
supply of your
favorite dessert or
your favorite snack?

Would you rather
have a home with a
beautiful garden or
a stunning view?



Talk about your favorite childhood books or stories.

dinner



If you could visit any historical event, which one would it be?

Talk about your favorite family games and activities.



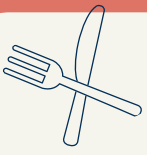
What's the most important life lesson you've learned?



Discuss your favorite family members' accomplishments.



Share your thoughts on personal growth and self-improvement.



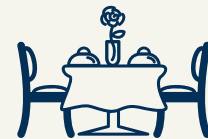
If you could have any job for a day, what would it be?

What's your favorite form of exercise or physical activity?



Share your thoughts on your favorite quotes or sayings.

What's the most inspiring person you've ever met?



Discuss your favorite family members' hobbies and interests.

Share your thoughts on your favorite family books.



Talk about your favorite family trips and adventures.

dinner



If you could witness any historical event, what would it be?

Share your thoughts on the future and what it holds.



If you could have any talent, what would it be?

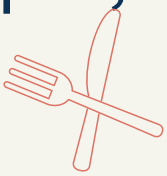
What's your favorite form of relaxation or stress relief?



Talk about your favorite achievements and milestones.



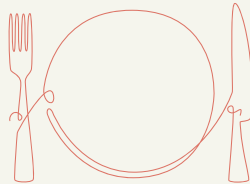
If you could have any animal as a pet, what would it be?



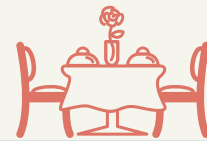
What's the most memorable moment in your relationship?



What is your dream vacation like?



Talk about your favorite family recipes or dishes.




If you could travel to any fictional world, where would you go?




If you could switch lives with someone for a day, who would it be?





Would you rather have a magical wardrobe that always has the perfect outfit or a magical refrigerator that's always stocked with your favorite food?

Would you rather be a famous actor in a hit movie or a bestselling author?



Would you rather have the ability to instantly learn any new skill or speak to animals?

What foods did you like as a child that you no longer have a taste for?




What is the longest road trip you've ever taken?



What did you want to be when you grew up?






The following questions are for couples. They can be used at family dinner or for a date night.

What is your earliest memory?

dinner

What holiday  did you enjoy the most as a child? Is it still the same?

As a kid, what did you like to do during road trips (read, music, etc)?



What foods did you hate as a child that you like now?



What's 1 thing your parents did that helped shape who you are now?



 Name 5 things you're grateful for about your childhood.



Were you an adventurous child or a cautious one?

What kind of teenager were you?



What was your best subject in high school? Was it also your favorite?



What was your least favorite subject in high school?



When did you get your first cell phone?




Describe your first car.



What was your biggest struggle as a teenager?

dinner

What extra  curricular activities did you do in high school?

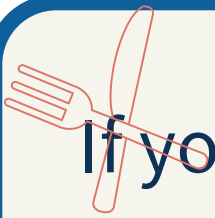
If you could go back in time, what would you do differently in your teenage years?

 What advice would you give your teenage self?

Do you ever wish you had chosen a different career path?

 What is your favorite chore to do at home?





If you had more time, what new hobby would you like to take up?

Would you rather have a guaranteed 8 hours of sleep every night or someone to clean your house every day?



every day?



Name 3 things you are grateful for about your day.

What would you do with an entire day to yourself (no responsibilities)?



What do you see our lives like after retirement?

Do you think we're saving enough for the future we want?



Would you ever like
to renew our
wedding vows?

dinner



What is your
biggest insecurity?

What annoys you
the most?



Do you agree that
you shouldn't "go
to bed angry"?

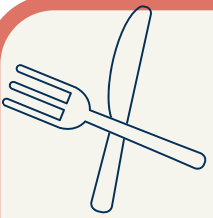


How can I
communicate
better with you?



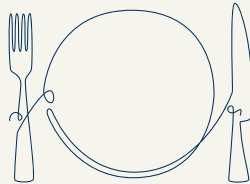
What am I better at:
communicating or
listening?





What is your worst quality?

Am I romantic enough?



What is your best quality?

If you could change 1 thing about your personality, what would it be?



What is the best thing about our marriage/relationship?

What do we do really well together?



What are your indulgences?

dinner

Would you classify your indulgences as healthy or unhealthy?



What's something I do that makes you feel appreciated?



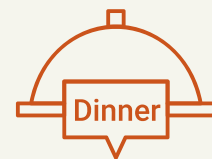
How can I make you more of a priority?



How can I make you feel more appreciated?



How can we be a better team?





How can we improve our conflict resolution?

Do we need to include more faith/sprirituality in our marriage?



Do we need to work on our emotional intimacy?



What is your biggest weakness?




How can I better support you?



Do I listen to you well?





I hope you enjoyed this set of conversation starters! I had fun putting them together.

**Don't forget to check out the rest of my free marriage resources at:
connect-again.com/free-downloads**